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AUSTRALIAN

FASCIA SYMPOSIUM

PROGRAM



Aerial UTS Function Centre, Building 10, Level 7/235
Jones St, Ultimo, NSW 2007

DAY ONE

PROGRAM

SATURDAY 19TH SEPTEMBER 2020



AUSTRALIAN FASCIA SYMPOSIUM

0800 - 0845	Registration
0845 - 0900	Introduction
0900 - 1030	Robert Schleip Latest News From The International Science Field With Implications For Manual And Movement Therapist.
1030 - 1100	Break
1100 - 1230	Bruno Bordonni Where To Start To Understand What Is Fascia?
1230 - 1330	Lunch
1330 - 1500	Andrzej Pilat Fascia And The Interoceptive Load. The Relevance Of Fascia From Its Micro To Macrostructure
1500 - 1615	Jill Miller Self Myofascial Release Research: What We Know, What We Don't Know, And The Missing Links
1615 - 1645	Break
1645 - 1745	Alison Slater Maintaining Healthy Fascia. What We Know So Far!

DAY TWO

PROGRAM

SUNDAY 20TH SEPTEMBER 2020



AUSTRALIAN
FASCIA SYMPOSIUM

0900 - 1020	Scott Wearing
1030 - 1100	Break
1100 - 1215	David Lesondak Fascial Release: What are We Really Releasing?
1215 - 1315	Lunch
1315 - 1430	Karin Gurtner Kinaesthetic Intelligence: Fascia As An Organ Of Interception
1430 - 1500	Break
1500 - 1630	Caterina Fede Molecular Aspects Of The Fasciae: What Is Fascia Made Of And How Does It Change Based On Hormonal, Physical And Pharmacological Stimuli?
1630 - 1700	Q & A

PRE & POST CONFERENCE WORKSHOPS

Please note that workshop bookings will open on
Wednesday 1st April 2020
via our Symposium Website.
www.fasciasymposium.com.au



AUSTRALIAN FASCIA SYMPOSIUM

THURSDAY 17TH SEPTEMBER 2020

- 0900 - 1700 David Lesondak
Fascial Approaches To Low Back Pain
- 0900 - 1230 Karin Gurtner

FRIDAY 18TH SEPTEMBER 2020

- 0900 - 1230 Robert Schleip
Fascia As A Sensory Organ
- 1330 - 1700 Bruno Bordoni
The Deep Hand: Enter The Fascia.
- 1330 - 1700 Andrzej Pilat
*Sacroiliac Joints as the core of the Thoracolumbar Fascia
Complex. Myofascial Induction Therapy Approach (MIT).*

MONDAY 21ST SEPTEMBER - WEDNESDAY 22ND SEPTEMBER 2020

- 0900 - 1700 Sharon Wheeler
ScarWork

TUESDAY 22ND SEPTEMBER - WEDNESDAY 23RD SEPTEMBER 2020

- 0900 - 1700 Julie Hammond & Fiona Palmer
Balancing The Diaphragms